APRIL 9, 2025

Macro Pulse

Staying grounded when sands shift

Amid rampant uncertainty, it can be difficult for investors to be forward-looking. But we see clear through lines. Now is a time when investors can leverage frameworks to chart the course ahead.

Download Macro Pulse:





Peak policy uncertainty has forced us to split the difference between stagflation and recession risks.

Updated scenarios for growth and inflation in the U.S.

2%	Goldilocks	Strong Economy	Overheating		
1%		Soft landing			
0%	Descent into recession	Stagflation-lite 50%			
	Recession 15%		stagflation 5%		
<0.		0.3%	>0.4%		
Inflation, Percent MOM					

Views of the New York Life Investments Global Market Strategy team, 2025.

Economic Growth Rate, Percent YOY

Macro Pulse



How to invest our macro views: high conviction ideas

OUR VIEW		HOW TO INVEST	
EQUITY	 We're at peak policy uncertainty, and equity market volatility can depress investor confidence. Europe's increased defense and infrastructure spending, as well as faster interest rate cuts, may bolster ex-U.S. returns. The AI trend is here to stay, with digital and energy infrastructure already seeing sustained investment. 	1	Stay invested but diversified; earning quality is paramount in volatility.
		2	Q1 pace of ex-U.S. outperformance may slow: diversify geographically amid global shocks.
		3	We strongly prefer large cap equities. Small caps will likely underperform unless growth improves: unlikely this year.
		4	Diversify equity exposure into broader AI themes, including energy and digital infrastructure.
FIXED INCOME	 The Fed is likely to stay on hold due to inflation risks. Growth and inflation uncertainty suggest higher and more volatile market interest rates. We can't predict a near-term peak or trough in Treasury rates, making duration an unreliable return source. U.S. public credit quality remains strong historically, supported by resilient economic activity. 	6	As long as short duration corporate and municipal credit quality remains robust, we have high conviction in credit allocation.
		7	Volatility in the Treasury curve leads to a shorter duration preference, using short duration credit (IG, HY, munis) and balanced with structured products and taxable munis.
		8	Strong fundamentals make structured credit and convertible bonds attractive. Only the strongest floating rate loans are likely to hold up.
ALTERNATIVES	 Geopolitical risks have increased since COVID-19, affecting U.S. safe-harbor assets. Investors can hedge with diversification and inflation-aware exposures. 		Consider a geopolitical risk hedge with equal parts oil, gold, and bitcoin, as a satellite sourced from equity.
	 Global trends toward re-globalization, digitization (AI), and energy independence indicate capital intensity, infrastructure investment, 	10	Inflation-aware assets like commodities, materials, and real estate may benefit from the macroeconomic backdrop.
	and stickier inflation.Private markets allocation is growing and democratizing.		Qualified investors seeking diversification into private markets may consider the less correlated lower middle market.



Global Market Strategy

At New York Life Investments



Lauren Goodwin, CFA Chief Market Strategist LinkedIn



Julia Hermann, CFA Global Market Strategist LinkedIn



Michael LoGalbo, CFA Global Market Strategist LinkedIn



INVESTMENTS

Insights and content offerings

Public-approved resources

MACRO PULSE: Economic & market commentary, high conviction ideas

In an ever-changing landscape, understanding the trajectory of macrotrends and economic forecasts is critical to making informed investment decisions.



THOUGHT LEADERSHIP: Thematic reports, portfolio construction, etc.

Megatrends

- Coming soon! 2025 Megatrend: debt
- Artificial intelligence: from imagination to investment
- (re)globalization



Politics and geopolitics

- Coming soon! Geopolitical risk in a shifting world order
- Swan Lake: the risks that would most disrupt consensus in 2025



Private markets

Global market outlook

